

HOPE FOR HELP

5K RUN/WALK

Course Monitors

You will be assigned a position along the race course to direct runners & walkers. Plan to support the participants with clapping and words of encouragement! Dress appropriately for the weather & bring a chair if you like. (Adults and older youth (9th - 12th grade) only please unless child is accompanied by an adult)

- 7:30 - 10:30 am, Sat. October 19th- 12 Individuals

Hosts

The Hosts will be the smiling faces of the event. They give above-and-beyond hospitality by providing information about the race, our facility, or answering any questions participants might have. (Adults or older youth (9th - 12th) grade only please)

- 6:30 - 8:30 am, Sat. October 19th- 2 Individuals
- 8:30-10:30 am, Sat. October 19th- 2 Individuals

Friday Race Packet Pick-Up & Onsite Registration

You will help register participants or volunteers prior to the race starting. Duties can include: checking IDs, passing out t-shirts, race bibs or timing chips. This job can be done sitting or standing. (Adults and Youth (7-12th grade) only please)

- Fri, October 18th- 12-2 pm- 3 Individuals
2-4 pm- 3 Individuals
4-6 pm- 3 Individuals
6-8 pm- 3 Individuals

Race Day Packet Pick Up & Onsite Registration

You will help register participants or volunteers prior to the race starting. Duties can include: checking IDs, passing out t-shirts, race bibs or timing chips. This job can be done sitting or standing. (Adults and Youth (7-12th grade) only please)

- Sat, October 19th- 6:30-8:30 am- 6 Individuals
8:30-10 am- 4 Individuals (Color Run)

Hospitality

Assist vendors as/where needed: setting up food & beverage items and other duties. Standing required, some lifting. (Adults or youth. Children may help if accompanied by an adult)

- Sat, October 19th- 7:30-10:30 am- 4 Individuals

Parking Crew

The Parking Crew connects with people by making them feel welcomed and SAFE before they get out of their cars. You will be stationed throughout the parking lot directing traffic. Dress appropriately for the weather. Standing is required. (Adults only please)

- Sat, October 19th- 6:30-8:30 am- 2 Individuals

VOLUNTEER SERVICE AREAS

Kids Mini Color Run

There are multiple ways to assist with the Kids' Mini Color Run. We need people to help set-up the course & hand out medals. A popular & fun (yet messy!) job is to shower the kids with colored powder (safe, food-grade cornstarch) as they run the course. (Adults, youth, children that are accompanied by an adult)

- Sat, October 19th- 8:30-10:30 am- 26 Individuals

Post Race/Event Cleaning Crews

We want to make sure we leave Crosspointe Community better than we found it & this means we will need to walk/drive the entire course to make sure trash has been picked up. This crew will breakdown & bring back the water stations. Dress for the weather. (Adults, youth, and children that are accompanied by an adult)

- Sat, October 19th- 9:30 am-12:30 pm- 4 Individuals

Water Stations

You will provide runners & walkers with water on the course and at the finish line. Supplies will be provided; some set-up & breakdown will be required. Plan to support the participants with clapping & encouragement! Dress appropriately for the weather. Standing required. (Adults, youth, or children that are accompanied by an adult)

- Sat, October 19th- Course Stations 7:30-10:30 am- 2 Individuals
- Sat, October 19th- Finish Line 9-10:30 am- 4 Individuals

Photographers/Videographers

We want to capture this event through photos and video. We will use the images to help promote future events and to celebrate the day!

WE NEED OVER 100 VOLUNTEERS!

SIGN-UP ONLINE AT bit.ly/5kvols2019